

A Handful of Quiet: Happiness in Four Pebbles, 2012, 64 pages, Thich Nhat Hanh, 1937006212, 9781937006211, Parallax Press, 2012

Pebble meditation is a groundbreaking and completely unique technique to introduce children to the calming practice of meditation. Developed by Zen master, best selling author, and peace Nobel Prize nominee Thich Nhat Hanh A Handful of Quiet contains complete instructions for pebble meditation designed to involve children in a hands-on and creative way that touches on their interconnection with nature. Whether practiced alone or with the whole family, pebble meditation can help relieve stress, increase concentration, nourish gratitude, and can help children deal with difficult emotions. Beautiful color illustrations by Wietske Vriezen, illustrator of Planting Seeds (ISBN-13: 978-1-935209-80-5) and Mindful Movements (978-1-888375-79-4).

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Breathe, You Are Alive! The Sutra on the Full Awareness of Breathing: Easyread Large Bold Edition, Thich Nhat Hanh, Oct 21, 2008, Body, Mind & Spirit, 172 pages. .

Being Peace , Thich Nhat Hanh, Aug 4, 2005, Religion, 128 pages. The definitive by Thich Nhat Hanh that started it all..

Old Path White Clouds Walking in the Footsteps of the Buddha, Thich Nhat Hanh, 2010, Biography & Autobiography, 488 pages. Presents the life and teachings of Gautama Buddha. Drawn directly from 24 Pali, Sanskrit, and Chinese sources, and retold by Thich Nhat Hanh, this book traces the Buddha's life.

Reconciliation Healing the Inner Child, Thich Nhat Hanh, Nov 1, 2010, Self-Help, 184 pages. Offers ways that mindfulness, focused breathing and meditation can help bring healing and release for people suffering from childhood trauma. By the best-selling author of The.

Walking Meditation , Anh-Huong Nguyen Anh-Huong, Thich Nhat Hanh, Aug 1, 2006, Meditation, 66 pages. Note: This book includes a spoken-word audio CD and DVD, which are not available with the digital ebook edition. What if every step you took deepened your connection with all.

Fragrant Palm Leaves Journals, 1962-1966, Thich Nhat Hanh, Dec 1, 1999, Religion, 224 pages. Best known for his Buddhist teachings, Thich Nhat Hanh has lived in exile from his native Vietnam since 1966. These remarkable early journals reveal not only an exquisite.

Cultivating the Mind of Love Easyread Comfort Edition, Thich Nhat Hanh, May 15, 2009, Religion, 152 pages. I am continually amazed at how Thich Nhat Hanh is able to translate the Buddhist tradition into everyday life and make it relevant and helpful for so many people. Cultivating.

Planting Seeds Practicing Mindfulness with Children, Thich Nhat Hanh, Jun 1, 2011, Family & Relationships, 240 pages. Based on the Plum Village retreat program through which families with children practice mindfulness, meditation and peaceful communication, a book-and-CD set outlines.

A Rose for Your Pocket , Thich Nhat Hanh, Jun 2, 2009, Family & Relationships, . The thought "mother" cannot be separated from that of "love." Without love, a child cannot flower and an adult cannot mature. Without love, we weaken and wither. -Thich.

Be Free Where You Are , Thich Nhat Hanh, May 1, 2002, Religion, 76 pages. Containing a new Foreword by Sister Chan Khong, this beautiful, expanded trade edition of Hahn's popular book shows how people can cultivate freedom no matter where they are..

Understanding Our Mind Easyread Super Large 18pt Edition, Thich Nhat Hanh, Nov 1, 2008, Body, Mind & Spirit, 452 pages. Understanding Our Mind is an accessible guide for anyone who is curious about the inner workings of the mind. Originally released as Transformation at the Base, a finalist for.

Teachings on Love , Thich Nhat Hanh, Oct 21, 2008, Family & Relationships, . Teachings on Love is a treasure trove of guidance for couples, families, and individuals who want to nourish the gift and strength of their relationships and deal creatively.

Reflections , Richard Cooper, Dec 1, 1999, Humor, 356 pages
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Water and Waves , Robyn Opie, 2009, Readers (Primary), 16 pages
Rascal A Dog and His Boy, Ken Wells, 2010, Juvenile Fiction, 201 pages. Rascal is happy to leave Voclairn's farm to live with his boy, Meely, and pair spend their time exploring the Louisiana bayou, but when Meely gets stuck on a rotted bridge it is 1937006212, 9781937006211

The Syringe Driver Continuous Subcutaneous Infusions in Palliative Care, Andrew Dickman, Jennifer Schneider, Sep 29, 2011, Medical, 482 pages. This book serves as a valuable reference source, providing a comprehensive review of syringe driver use and administration of drugs via CSCI, a safe and effective way of drug
Freddy's War , Judy Schultz, 2011, Fiction, 257 pages. Some soldiers claimed to have a good war. Others were not so lucky. In 1939, Freddy McKee is fifteen-years-old when the war in Europe breaks out. His imagination is bursting
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The Art & Craft of Case Writing , William Naumes, Margaret J. Naumes, Jan 1, 2006, Business & Economics, 271 pages. Anyone conducting case research in business or the social sciences--whether experienced or novice-- should get the new edition of The Art and Craft of Case Writing. It is a Home for Mr Tipps , Tom Percival, 2011, Cat owners, 25 pages. It's a hard life for Mr Tipps, a frightened stray cat who lives under an old dustbin - until he meets a lonely boy and a wonderful friendship is formed. But one day, the boy Options, futures, and other derivative securities , John Hull, 1989, Business & Economics, 341 pages A Handful of Quiet: Happiness in Four Pebbles 1937006212, 9781937006211 After twelve-year-old Annika, a foundling living in late nineteenth-century Vienna, inherits a trunk of costume jewelry, a woman claiming to be her aristocratic mother arrives.

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